

## **Developmental Adapted Physical Education (DAPE)**

### **MAKE-UP ASSIGNMENTS**

Students who miss a class due to an absence, or miss class participation due to a medical excuse or not dressing out for activity, need to do a written assignment as an activity make-up.

Choose a written assignment from the following list. Each assignment must be done neatly, written in your own handwriting and turned in on time. It is the student's responsibility to complete the assignment without being reminded by the instructor. Students have seven days from return to complete and turn in the make-up work.

1. Sports Collage: Find lots of pictures from newspapers, magazines, or your personal pictures, cut them out and attach to another sheet of paper. The pictures must directly relate to the current unit of study. Cover the entire sheet and be creative. Write a summary of your collage (must be a minimum of 100 words).
2. Attend or participate in a live sporting event or watch a televised sporting event and write about it. There are many local sporting events in our area (High School, little league, recreational sports). Attend an event corresponding with your current unit of study, or one approved by your teacher, and write about it as if you were a sports writer. Who, what, when, where, and how it went are all questions to answer. The assignment should be at least 100 words in length.
3. Watch a movie focusing on a sport or fitness: Summarize the movie and explain which sport or fitness activity is addressed in the movie. Do you feel the movie realistically portrays this sport/activity? How would you rate this movie on a scale of 1-10? Your overall written evaluation should be at least 100 words.
4. Read a biographical article on a sports figure and complete a report. Write about a sports figure that has excelled in the current unit of study, or one approved by your teacher. Discuss what you learned from the reading, like a short book report (100+ words).
5. Read an article about the current unit of study. Use an outside source such as the Internet or newspaper to find an article specifically related to current unit of study or a topic approved by the teacher. Read the article and highlight the key points. Write a summary and critique of the article that is at least 100 words. Attach the article, or a copy, to the summary.

6. Research a website relating to health, fitness or sports. Do the activities on an interactive website, print the pages and attach a summary of what you learned. For an informational site, write a summary in your own words and attach the article(100+ words)Examples: [www.Sparkpeople.com](http://www.Sparkpeople.com) [Dairycouncilofca.org](http://Dairycouncilofca.org) [Kaiserpermanente.org](http://Kaiserpermanente.org) [kidshealth.org](http://kidshealth.org)